

## **Green Dish Rules**

Get ready to grow. Everyone will want to attend the Third Annual Winnebago County Green Business Awards from 4:30 to 7 p.m., Oct. 7 at the Rockford Park District's Webbs Norman Center (the old Post Office) 401 S. Main St.

### ***One of this year's special features: Earth's "Green Dish"***

Another special feature will be the new "Green Dish" competition for local restaurants and farmers. Winnebago County Board Chairman Scott Christiansen and I relish the opportunity to be the official technical judges and taste testers. If you attend, you can vote for the "Green People's Choice Award." The judging criteria for the "Green Dish Award" include but are not restricted to:

1. Organic and/or natural ingredients
2. Sourced from locally-owned grocery stores or CSA farms
3. Free-range raised
4. Hormone and antibiotic free
5. Grown with sustainable energy sources
6. Biodegradable packaging and service dishes
7. Compost fertilized
8. Social justice and fair trade components

Judging will be based on an aggregate point system. All dishes should serve 20 to 30 people. All competitors should include an 8-inch by 12-inch sheet denoting their ingredients, process and presentation. If your organization would like to enter the contest, contact Andrew Kellogg at [akellogg123@hotmail.com](mailto:akellogg123@hotmail.com).

Brio and Social restaurants are providing biodegradable cups, plates, utensils and napkins for the public's use by VerTerra, Aspenware and other sources.